

TRIDENT COLLEGE

ENGAGE. ENLIGHTEN. EMPOWER



University and Career Planning Record

Charting your journey to success



This Planning Record form is designed to be a written record of **one-to-one careers/university meetings**, as well as a **progress tracker** on your journey towards application and (hopefully) acceptance. It allows you to review and reflect upon the key points raised during our discussion, and provides you with **prompts** for your own completion through careful **thought** and **research**.

Please be aware that your counsellor may upload key information to **EdAdmin** and/or **Unifrog** to further assist in the planning and record-keeping process. This information will **not** be of a sensitive nature.

You **WILL NOT** cover all the questions on this document during your counselling interview. Your counsellor will tailor the discussion based on the evidence and discussion points you raise.

You must come to this meeting with the **right attitude**. You should be **prepared**, and have **read the documentation** we share, utilised the **software** we suggest, and conducted your own **research**.

Thinking about the future can be scary, and some pupils prefer not to contemplate it. But it is happening whether you like it or not, and the only way to beat the anxiety and embrace your future is to take ownership. Our counsellors are here to help, guide and support- they are not here to do the whole process for you. **It is your future- own it!**

- The Trident College 6th Form Team

Discussion point	Notes	Action required
Getting to Know You		
Do you have any initial thoughts on your future? Any career you are 100% focused on?		
What are your hobbies, passions, and extra-curricular interests ?		
If you had one perfect day , what would you do?		
Tell me about your family background .		
What do your parents do for work?		
What about your cultural background ? Religious, conservative, liberal, international, local, well-travelled etc.		
What do your parents want for your future ? How important is their input to you in terms of your decisions about your future?		
Have you thought about the financial aspects of pursuing higher education?		
Tell me about the family financial situation . Are you likely to need a scholarship/bursary or		

sponsorship to attend further education or career training?		
Are there any other personal circumstances I need to know about that may impact on your future choices?		
Academic Experience Thus Far		
Confirm your subjects studied (last year and this year)		
What subjects are you considering taking through to A-Level (if applicable)		
How have you performed in those subjects? What are your strengths and areas for improvement?		
Has your performance shaped or affected any thoughts you have about careers in the future ?		
What subjects do you prefer ? Have you given any thought as to potential majors to study at uni in these areas?		
What topics you have studied really spark your imagination?		
The GOAL: Your Career Plans		
Where do you see yourself in 5 to 10 years' time in terms of your career and personal life?		
How do you envision your ideal future ?		
Do you have any specific aspirations for the future not related to your work and career ? Travel, making discoveries, starting a family, public service?		
Are y diffe to re		
How asse		
Are y prac you appr		
Have indu findi		
Have inventories, personality		

**Our detailed U&C support process is available exclusively to all pupils and parents of Trident College...
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