



TRIDENT
COLLEGE
SOLWEZI

Future Thinking Camp

25 - 28 July | Year 11

Meheba Refugee Camp & Haven of Rest

47 students · Community service · Empathy · Compassion ·
Gratitude

About the Camp



From 25th to 28th July, 47 Year 11 students participated in the Future Thinking Camp at Meheba Refugee Camp and Haven of Rest.

The camp is designed to help students develop empathy, compassion, and a deeper understanding of the challenges faced by vulnerable communities while encouraging them to reflect on the role they can play in bringing about positive change.

Students engaged in gardening, construction, teaching, cooking, and interacting with children and refugees. They also donated clothing, shoes, toys, blankets, books, and other essential items.

The experience had a profound impact on many of our students, as reflected in some of their own words below:

!! I had an amazing time at camp. The experience helped me see life from so many different perspectives, and it made me more grateful overall. We often don't appreciate the things we have because we feel entitled, but the sad reality is that not everyone gets to experience the things we do daily. I'm so grateful to the school and everyone involved in organising the camp for giving us this experience.!!

• Moalsha Mwamba





“ The Safe Haven camp was an unforgettable experience. Working together to build bathrooms and bunk beds while helping the children taught me the importance of teamwork, kindness, and giving back to the community. . I'm grateful I had the opportunity to be part of it.”

• Kuwunda Milasa



This was the best camp I've ever had - not because of the activities or the environment, but because of the connections we built with the children at Meheba. Hearing their stories was incredibly moving and reminded me never to take the life I have for granted. . I'm grateful I had the opportunity to be part of it.👉👈

- Larissa Kalumba





I really enjoyed going to the transit centre. The refugees were such kind people, and even though they are facing so many challenges, they never let that get in the way of anything they do. They do everything with love and joy.



- Kibatowa Malipenga



I really enjoyed camp as it provided me with new skills that I didn't know how to do before, such as working in the garden and using tools like a shovel. Camp also gave me a broader perspective on life as I saw different ways of living, which made me more appreciative and grateful for the things that God has blessed my friends and me with. Overall, it was a memorable experience that provided me with lifelong lessons. 🗨️

- Theo Mulenga





My visit to Meheba Camp was a life-changing experience that opened my eyes to the challenges many people face every day. At the transit centre, it was heartbreaking to see people struggling and even fighting for basic necessities like clothing. Visiting Brave Hearts also showed me the importance of kindness, compassion, and supporting those in need. I left feeling grateful for what I have and inspired to help others whenever I can. This experience taught me never to take the simple blessings in life for granted.!!

- Faridah Kashiba

💡💡
Camp really taught me gratitude. I really enjoyed plastering the walls. Lastly, I enjoyed interacting with people I don't usually talk to. 💡💡

- Luyando Muleya





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The camp at Haven of Rest changed the way I see life. It made me appreciate what I have, be more grateful, and understand the importance of showing kindness and helping others. It also gave me a different perspective on life without a proper support system.

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- Michael Musenge



The trip to Meheba was a memorable and meaningful experience. I really enjoyed spending time with my classmates while learning about the lives of the refugees and orphans at Safe Haven. It was also exciting to explore a new place and interact with the people there. At the same time, it was very sad to see that many of them barely have enough food, clothing, and other basic necessities. The visit made me appreciate the things I have and reminded me to always show kindness and help those in need whenever possible. 🗨️

- Capri Jordan





My camp experience was filled with fun and excitement. However, it was quite emotional seeing the conditions that those people live in compared to ours. It made me realise many things about the life I live and how much more grateful I can be. Overall, it was a very revealing experience, and the connections we built with them made it a memorable event.!!

- Donell Batubenga



I had the opportunity to visit Meheba Refugee Camp, and it was an experience I'll never forget. I made some great friends and hope that one day I'll get to see them again. Visiting the camp has made me even more grateful for everything I have and reminded me not to take the little things in life for granted.!!

- Gabriel Muyinda





My experience at camp was amazing. Socialising with the children made me realize how someone can be so happy with so little. Visiting the transit centre and seeing people desperately searching for clothing made me realise how grateful I am for everything I have. I truly hope for a brighter future for the whole community. My favourite part was simply getting to know them and hearing their stories. ”

- Sasha-Lee Essengue



My experience at camp was very good. I was able to help orphans, teach them new things, and donate useful items such as food, toys, and clothes. It really helped me understand how people live, and I'm already thinking of ways that I can continue supporting them.!!

- Benjamin Musonda





“ When we went on the Year 11 camp, I learned to adapt to a different way of life. It was a very humbling experience that made me understand that I shouldn't take things for granted. The children there were very happy despite the living conditions, which made me realise that money isn't everything and doesn't determine a person's worth. The people there were very interesting to talk to because they came from many different backgrounds. Camp was also quite saddening because when we distributed clothes, even the elderly were asking for basic necessities.”

• Nizawane Majula



Camp was a great experience. It made me more grateful for everything I have in life. I cooked and helped wherever I could because I knew that was the little I could do to make a difference. I really enjoyed the four days we spent there. 🗨️

- James Zulu





Camp was a great experience. I'm grateful for the opportunity to experience the lives of people who are less fortunate than I am. Camp helped me see life through a different lens and reminded me how privileged I am. It also showed me that I should be thankful for everything I have and never take anything for granted. I think it is good that we have this camp every year as a reminder to remain humble and to appreciate our families, teachers, and friends who make our lives better.!!

• Mwila Mubanga



Making a Difference, One Heart at a Time



The Future Thinking Camp reminds us that small acts
of kindness can change lives - including our own.

47 Students • 4 Days • Countless Lives Touched

Thank you to everyone who made this possible.

